

# ADULT HISTORY QUESTIONNAIRE

Current medical problems \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Past medical problems/Hospitalizations (approx dates) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Past surgeries (approx dates) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Allergies: \_\_\_\_\_

Medication/dosages: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Have you ever been diagnosed with any of the following:

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Anemia          | <input type="checkbox"/> Glaucoma                | <input type="checkbox"/> Mental illness  |
| <input type="checkbox"/> Arthritis       | <input type="checkbox"/> Hearing loss            | <input type="checkbox"/> Neuropathy      |
| <input type="checkbox"/> Asthma          | <input type="checkbox"/> Heart dz/ heart attack  | <input type="checkbox"/> Pancreatitis    |
| <input type="checkbox"/> Cancer          | <input type="checkbox"/> Heart valve disease     | <input type="checkbox"/> Reflux          |
| <input type="checkbox"/> Colon problems  | <input type="checkbox"/> Hernia                  | <input type="checkbox"/> Sickle cell     |
| <input type="checkbox"/> COPD/emphysema  | <input type="checkbox"/> High blood pressure     | <input type="checkbox"/> Speech problems |
| <input type="checkbox"/> COVID-19        | <input type="checkbox"/> High cholesterol        | <input type="checkbox"/> Stroke          |
| <input type="checkbox"/> Cystic fibrosis | <input type="checkbox"/> HIV                     | <input type="checkbox"/> TB              |
| <input type="checkbox"/> Diabetes        | <input type="checkbox"/> Irregular heartbeat     | <input type="checkbox"/> Ulcer           |
| <input type="checkbox"/> Gallstones      | <input type="checkbox"/> Liver disease/hepatitis | <input type="checkbox"/> Vision loss     |



Any other conditions not listed above? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

When was your last tetanus shot? \_\_\_\_\_

List any other adult immunizations (flu, shingles, pneumonia, COVID-19, etc.) with dates if known  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Screening exams: (answer as best as you can remember)**

When was your last colonoscopy? \_\_\_\_\_  
When were you last checked for blood in your stool? \_\_\_\_\_  
When was your last prostate exam/PSA? \_\_\_\_\_  
When was your last mammogram? \_\_\_\_\_  
When was your last breast exam? \_\_\_\_\_  
When was your last Pap smear? \_\_\_\_\_  
When was your last eye exam? \_\_\_\_\_

**For females only:**

How many total pregnancies/ deliveries have you had? \_\_\_\_\_  
How many miscarriages/Elective abortions have you had? \_\_\_\_\_  
Are you pregnant now? \_\_\_\_\_  
When was your last period? \_\_\_\_\_  
If you are menopausal, at what age? \_\_\_\_\_



**Family History:**

**Mother** - If living what is her age? If not living what was the cause of her death and age at death? \_\_\_\_\_

Listen any of her pertinent medical history \_\_\_\_\_

**Father** - if living what is his age? If not living what was the cause of his death and age at death? \_\_\_\_\_

List any of his pertinent medical history \_\_\_\_\_

**Siblings** - how many siblings do you have? How many male/female? How many living/deceased? What medical problems do they have? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Please list any other pertinent medical conditions that run in your family**

\_\_\_\_\_  
\_\_\_\_\_

**Social History:**

Are you: Married \_\_\_\_ Single \_\_\_\_ Widowed \_\_\_\_ Divorced \_\_\_\_

Spouses name: \_\_\_\_\_

Occupation: \_\_\_\_\_

**Tobacco use:**

Current smoker - # of years/# packs per day \_\_\_\_\_

Past smoker - # of years/# packs per day/quit date \_\_\_\_\_

Smokeless tobacco - past or current user? How many years? Number of cans/ packages a day? \_\_\_\_\_



**Alcohol use:**

If current user, describe frequency and how much\_\_\_\_\_

\_\_\_\_\_

If past user, describe frequency/how much/ date quit\_\_\_\_\_

**Street drug use:**

Please list past or current usage of any illicit drugs and what types\_\_\_\_\_

**Prescription drug use:**

Please indicate if you feel you have had a problem with use of prescription drugs and what they were/are\_\_\_\_\_

Is there anything else not covered on this form that you would like us to know regarding your health to include any concerning symptoms you may have?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Patient's signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

